**Patient Liaison Group Newsletter**

**NHS App**

**Did you know?**

If you are unable to attend an appointment, you can cancel this using the NHS app.

Please go to the Appointments section and select GP Appointments and then choose to Cancel.

**Reminder Text**

**You can cancel**

The Surgery sends reminder text messages to patients that have an appointment booked in advance. This text contains also contains a link to cancel should be unable to attend.

If you have opted out of the text messages from the Surgery then may not receive this message.

**Shingles Vaccination**

It is strongly recommended that when you become eligible for vaccination against shingles you take the opportunity to arrange an appointment with the Practice. You should be aware that you can get shingles more than once, so it's important to get vaccinated even if you have had shingles before.

If you have turned 65 years of age on or after 1st September 2023, or if you are already aged 70 to 79, then you are eligible for a shingles vaccination. In addition, all severely immunosuppressed patients aged 50 and over (with no upper age limit) are also eligible.

The Practice will contact you when you become eligible; this will usually be by letter, text, telephone or email. If you think you're eligible but you have not been contacted, get in touch with the Practice – do it by Total Triage, using the “Administrative” option!

**Carers Café**

The Surgery PPG are very proud to announce the introduction of a Carers Café commencing ?? . The event will be held on the first Wednesday of every month in the large meeting room near the Phlebotomist Office. We are aiming that these will be for an hour only commencing at **12 Noon** and we are hoping to have guest speakers each month covering a variety of topics.

**MMR Vaccines**

With the spread of Measles growing and cases now being reported in Hertfordshire, now is the time to get vaccinated.

The MMR vaccines were introduced in the UK in 1988 so many patients born before this may not have been offered the vaccine. The single measles vaccines were introduced in 1968 which would have covered for just measles; however, you are still eligible for the MMR if you wish.

If you would like to have the vaccine or are unsure if you are covered for Measles, Mumps and Rubella, please submit an e-consult and a member of the Team will be in contact.

**Surgery Updates**

**Staff Updates**

**Goodbye To**

**Appointment Cancellations: Did Not Attend!**

Since December ?? patients have not attended for their appointments

If you are unable to make your appointment, then please cancel it so that another patient can use it.

**Training Days**