



The Minor Illness Clinic runs every Monday morning and Tuesday, Thursday & Friday afternoons

Our Nurse Practitioner can see you in her Minor Illness Clinic for many conditions on the day or pre book an appointment!

Nurse Mel has undertaken additional qualifications and training to assess, diagnose, treat and prescribe any necessary medication and has access to a Doctor if required.

Suitable conditions include those listed below:

Respiratory or ears nose and throat	Coughs, colds, flu, sore throat, sinusitis, mouth problems, earache, hayfever, chest infection (bronchitis), acute asthma, acute copd, nosebleeds
Eye conditions	Conjunctivitis, styes, sore eyes, itchy eyes, swollen lids
Musculoskeletal	Minor injuries, back or neck sprains, sprains
Gynae	Thrush, vaginal discharge
Urology	Urine infection, kidney infection, cystitis, balanitis
Contraception	Morning after pill, pill check
Skin	Rashes, animal/insect bites & stings, eczema, fungal and bacterial skin infections, athletes foot, impetigo, ingrowing toenail, verruca/warts, boils, cold sores, shingles, nappy rash, cellulitis, acne, rosacea, mastitis
Stomach	D&V, threadworms, constipation, haemorrhoids (piles), abdominal pain, indigestion
Anything else	headaches, dizziness

Conditions not suitable:

Babies under 3 months unless requesting appointment for oral thrush, sticky eye or dry skin

Routine nurse appointments for smear, travel, wound care, leg ulcers, stop smoking, ear syringing

Long term conditions review for diabetes, hypertension, copd, asthma

Referral requests

Conditions under ongoing GP review

Breast or testicular lumps

